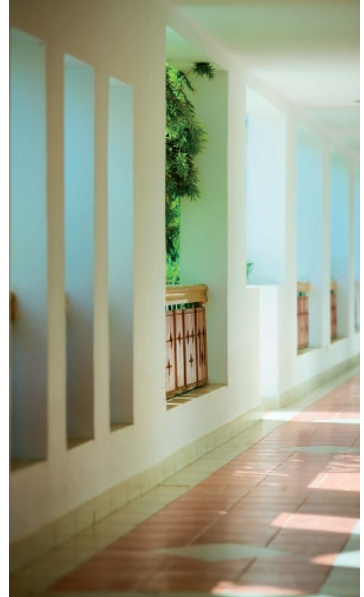




presents an exclusive one-day conference on:

Wednesday 30th June 2010

# Enhancing Mental Health Environments 2010



## One day programme designed to help you:

- » Address the impact of design on service improvements for mental health patients
- » Review the strategy, action points and impact of the Government's *New Horizons* strategy
- » Identify good practice, and the evidence base, for the health, economic and social benefits of art in healthcare
- » Learn from mental health case studies actions and initiatives to improve the design and quality of mental healthcare environments

## Includes contributions from:

- \* **Joe Forster**, Chairman, **Design In Mental Health Network**
- \* **Dan Burningham**, Director, **Mental Health Strategies** (A division of Niche Health)
- \* **Martha McSweeney**, Architect and Mental Health Lead, **Nightingale Associates**
- \* **Jane Willis**, Director, **Willis Newson**, and **Chair of Arts and Health South West**
- \* **Graham Spence**, Associate Director – Operations, **Community Health Partnerships**
- \* **Richard Upton**, Communications Team, **Hertfordshire Partnership NHS Foundation Trust**
- \* **Dr Nick Rhodes**, Head of Patient Environment, **CNWL NHS Foundation Trust**

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# Enhancing Mental Health Environments 2010

## Mental health today, tomorrow and into the future....

Over the last decade support for individuals with mental illness has been transformed through the National Service Framework and the development of the *Improving Access to Psychological Therapies (IAPT)* programme. The Government's *New Horizons* initiative is about taking the next decisive step forward, recognising mental health and wellbeing as not just a health concern, but as a major social issue.

"*New Horizons: a shared vision for mental health*" sets out a unique dual approach. It combines service improvements with a new partnership of central and local government, the third sector and the professions with the aim of strengthening the mental health and wellbeing of the whole population"

**Gordon Brown, *New Horizons – a shared vision for mental health*, December 2009**

## Who should attend?

The issues raised in this one day conference concern a wide variety of stakeholders. The success of *New Horizons* is dependent on the involvement of people with an interest in the future of mental health, from the NHS, or from voluntary and commercial organisations.

### NHS/Local Authorities

- \* Art Directors
- \* Chief Executives
- \* Design Champions
- \* Directors of Mental Health
- \* Directors of Nursing
- \* Directors of Social Services
- \* Estates and Facilities Managers
- \* Health Planners
- \* Medical Directors
- \* Mental Health Commissioners
- \* Mental Health Specialists
- \* Project Directors
- \* Service Improvement Leads

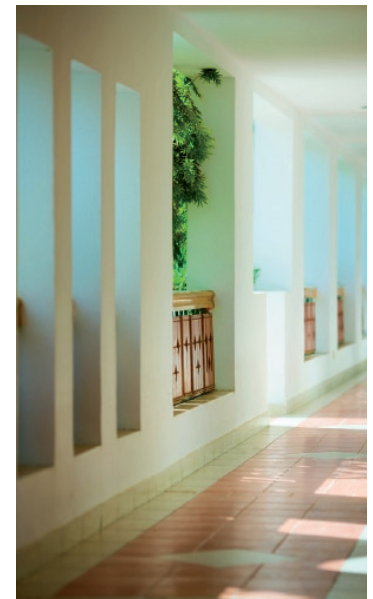
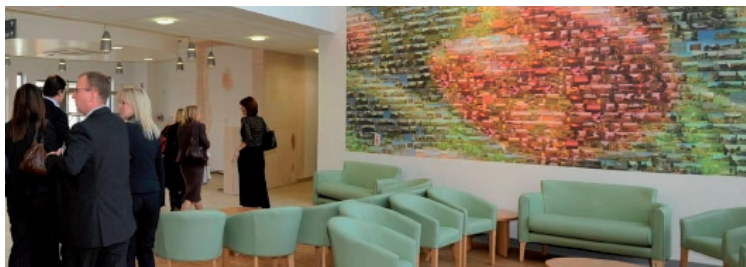
### Voluntary Sector

- \* Chief Executives
- \* Business Managers
- \* Art Managers
- \* Mental Health Leads
- \* Treatment Centre Managers
- \* Carers

### Commercial

- \* Architects
- \* Art Consultants
- \* Construction
- \* Interior Design
- \* Private Health Providers

(please contact Dipa Patel for further information [dipapatel@ark-group.com](mailto:dipapatel@ark-group.com))



# Wednesday, 30th June 2010

09:00 Chair's opening address

09:10 **Educating the designers of the future: service user and staff involvement in university programmes**

- » Postgraduate architecture students meet service users and staff on site
- » Coursework briefed and assessed by end-users
- » Public exhibition of students' designs.

**Joe Forster, Chairman, Designers in Mental Health Network**

09:50 **The challenge of reaching the community efficiently**

- » Mental health care used to be highly centralised on large institutional sites but this stigmatised mental health and separated people from their community
- » Mental health estates are now highly dispersed across lots of sites, many of which are in population centers
- » Whilst dispersed estates can help community integration and access they can be highly inefficient to run
- » The challenge in the current economic climate is how to create efficient estates which are integrated with the communities they service and avoid institutionalisation
- » This presentation will explore solutions to this conundrum. These include a greater integration between mental health and primary care and social care and the creation of shared community facilities.

**Dan Burningham, Director, Mental Health Strategies (A division of Niche Health)**

10:30 Coffee

10:50 **Designing for wellbeing**

- » How quality mental health design establishes good design principles
- » Exploring enjoyment in design and how we experience and use spaces
- » How intuitive design creates welcoming inclusive environments
- » Evidence based design. Evaluating the user experience and what has worked well on past schemes

**Martha McSweeney, Director, Nightingale Associates**

11:30 **Case study: Oak and Beech Units Hertfordshire Partnership NHS Foundation Trust**

- » What we set out to achieve: defining the brief
- » Selection criteria for the architect
- » Consultation process
- » Designing the patient pathway, operational pathways and healthcare planning
- » Session from a Service User on what the planning process meant to her, and how the building and its services met her expectations
- » Design considerations
- » NEAT/BREEAM
- » External spaces
- » Delivery issues: including form of contract and cost issues

**Barry Trindall, Project Manager, Hertfordshire Partnership NHS Foundation Trust**

**Anne Markwick, Director of Recovery, Hertfordshire Partnership NHS Foundation Trust**

12:30 Lunch

13:30 **Case study: CNWL NHS Foundation Trust**

- » What should be depicted in works of art to be displayed in mental health services?
- » What, if anything, should not be depicted?
- » Should the choice of art be left to the experts?

**Dr Nick Rhodes, Head of Patient Environment, CNWL NHS Foundation Trust**

14:10 **Panel discussion: How do you address risk in the healthcare environment?**

- » Achieving the right balance between risk, recovery and dependence
- » The importance of empowering patients
- » Risk assessment factors to be considered

**Speakers from the day will take part in this session**

15:00 Coffee

15:40 **Arts and mental health: process and product – impact and outcomes**

- » Leading arts and health consultancy Willis Newson has been working with Avon and Wiltshire Mental Health Partnership NHS Trust on a series of arts programmes over the past 7 years
- » The projects have all been evaluated by Professor Norma Daykin, co-ordinator of the Arts and Health Research Programme within the Centre for Public Health Research at the University of the West of England
- » This talk will give an overview of the projects, drawing on the findings of the evaluations
- » It will demonstrate that the process of commissioning art and involving staff and service users is as equally important as the artwork
- » It will also present the best practice framework developed as part of one of the evaluations

**Jane Willis, Director Willis Newson, and Chair of Arts and Health South West**

16:20 **How to deliver fit for purpose estates – using LIFT as a procurement tool**

- » Using LIFT as a procurement route
- » How do you deliver fit for purpose estate?

**Graham Spence, Associate Director – Operations, Community Health Partnerships**

17:00 Closing remarks and close of conference

# Enhancing Mental Health Environments 2010

Booking ref: **1657**

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Job Title

Department

Company Name

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